

THE ART OF LOVING COMMUNICATION IN RELATIONSHIPS WORKSHEET

The main guide for this worksheet can be found at:

<http://personaldevelopmentmaster.com/communicating-in-relationships>

ANSWER THESE QUESTIONS TO LEARN MORE ABOUT
ADDING LOVING COMMUNICATION TO YOUR
RELATIONSHIP:

1. How do you currently communicate with your partner, and what can you do to make your day-to-day communications more loving?
2. What can you do make active listening a natural habit?
3. What are other ways you can practice better listening while your partner talks?



4. How can you make conversation with your partner more fruitful?

5. Which terms of endearment or pet names can you use more often?

6. How can you alter your body language to make it more loving?

7. How can you add more love to your daily habits?

8. What is one new habit you can add to your day to express more love?

